



Carter Caves State Resort Park

January 27-29, 2012

WWW.WINTERADVENTUREWEEKEND.COM

WELCOME TO WINTER ADVENTURE WEEKEND

Carter Caves Winter Adventure Weekend will provide activities and workshops for anyone interested in the outdoors, whether you are a beginner or advanced winter adventurer there is something for you. You will experience the great outdoors in programs, including but not limited to, adventure workshops, hiking, rappelling, canoeing, or enjoying a commercial cave tour. All field trips and instructional workshops are led by experienced guides who know a great deal about leading outdoor adventure activities.

HOW TO REGISTER

REGISTER AT WWW.WINTERADVENTUREWEEKEND.COM

A **non-refundable** registration fee of **\$25 per adult (13yrs & up)** and **\$20 per child (6-12yrs)**, will be required of all participants. Included in the registration fee is access to evening programs, workshops, and field trips. Some field trips may require an additional fee.

- **You must be 6yrs or older to participate.**
- **You can register for up to 3 trips on Saturday and 1 trip on Sunday. Beware of conflicting trip times for you may miss your other scheduled trips.**
- **You must complete a Waiver of Liability form and bring it to Winter Adventure Weekend.**

ONLINE PRE-REGISTRATION -Online registration is fast easy and secure! You can choose & confirm your trips at the time you register online. You must pay with a credit card during the online registration process.

ONSITE REGISTRATION You can register onsite beginning at 4:00pm on Friday, January 29, 2012 in the lobby of the lodge. Walk ins are welcome! Checks, credit cards and cash accepted.

WINTER ADVENTURE WEEKEND T-SHIRTS

Long sleeve event t-shirts are available for purchase during online registration. The shirts are \$15 a piece. You must purchase these by January 11, 2012 while you are pre-registering online for WAW. You will receive your shirt at the registration desk in the lobby of the lodge upon checking in. Long sleeve t-shirts are available in the following kids sizes (10-12) & (14-16); adult sizes are available in small, medium, large, x-large, xx-large.

TRIP LEVEL DESCRIPTIONS

All the trips offered are set at different levels of difficulty. All outdoor field trips require you to dress appropriately for the weather conditions. You will find information on how to dress for cold weather adventure trips in this publication. The trip level descriptions are as follows.

LEVEL 1: These trips are the least strenuous trips offered. Many of these trips will expose you to winter weather conditions. Dressing appropriately is still important and required.

LEVEL 2: These trips can expose you to the weather elements for a longer period of time. They are more strenuous and require more physical ability than level 1 trips. These trips may last up to 3 hours in length. Most of these trips stick to designated trail systems.

LEVEL 3: These trips will offer prolonged hiking and exposure to the weather. Some of these trips take you off designated hiking trails into more difficult and rough terrain. Trips can last up to 7 hours in length. **15 year old minimum**.

LEVEL 4: These trips involve **SPECIAL SKILLS** which you will need to know before hand. Some of these trips require specific personal equipment (see individual trip descriptions for details). **15 year old minimum**.



Carter Caves State Resort Park
344 Caveland Drive
Olive Hill KY 41164
www.parks.ky.gov



EQUIPMENT REQUIREMENTS

(SOME TRIPS REQUIRE SPECIFIC EQUIPMENT THAT WILL BE LISTED IN INDIVIDUAL TRIP DESCRIPTIONS!)

On most trips during the weekend you will be exposed to possible winter weather conditions. These could be extreme cold temperatures, snow, freezing rain, or a combination of the weather conditions. Below is a list of **required equipment** for all outdoor field trips. Layering your clothes is extremely important during exposure to winter weather conditions. You can add or remove layers of clothing in order to prevent getting cold or too warm which would cause unnecessary sweating that leads to a chilling effect. Following these requirements can prevent cold weather health conditions including hypothermia and frost bite. For you're safety field trip leaders will remove you from trips if they feel you do not meet these requirements.

- Base Layer: Wicking fabric (polypropylene) long underwear to keep your skin dry and prevent that clammy feeling.
- Insulating Layer: (fleece, wool or silk) Vest or shirts that can be added or removed depending on how cold you feel.
- Windproof and water-resistant outer layer: A jacket, preferably with a hood, to keep out the elements.
- A hat, scarf and a knit mask to cover face and mouth will protect the head and face.
- Gloves or mittens and waterproof boots are essential.
- Covering all exposed skin will prevent possible frostbite conditions.
- Bottled water, hot drinks such as coffee or hot chocolate and trail snacks.
- A backpack to carry your equipment in.
- Optional items include lip balm, sunglasses, sunscreen, camera, hiking poles or stick.
- Note: Most level 2 vertical trips require a hard hat with a chin strap and leather gloves.

FIELD TRIP DESCRIPTIONS

Drop-in No Registration Required Field Trips

CORRUGATED CAVE (LEVEL 1) - 1 hour Drop in - no registration required. This is an EXTREME cardboard maze that is adventurous for both adults and kids. You will encounter extensive crawling passages and some constrictive spaces during this trip. The passages simulate conditions often encountered by cavers in the area's wild caves. The corrugated cave has undergone some renovations since last year. Bring a light (NOT carbide!) but you can leave your shoes & helmet behind. Dress lightly, it is strenuous and can get stuffy in the cave. Knee pads are a good option if you have them. We allow 10 people maximum in the cave at one time, therefore a short wait may occur. Children 10 years old and under need parental supervision in order to participate. **Follow signs from the lobby to the basement.**

LETS GO CACHING IN THE DARK (LEVEL 1) - 1.5 hour Have you ever been on a scavenger hunt at night? What about on one using a GPS system? We have placed several geocaches along the golf course for this fun evening activity. Use your flashlight and GPS to locate special reflective markers to lead you to your treasure, careful though if it moves it could be some of the nocturnal nightlife found in the area. The caches will contain small trade items, if you want bring something along to trade. This activity is appropriate for all age levels. Dress for the outdoors and bring a flashlight and GPS. If you don't have a GPS but want to experience the fun, we can team you up with one of our GPS units. A list of coordinates will be given out at the registration table from 6:00-7:30pm in the lobby of the lodge. **Meets at the lodge.**

LETS GO CACHING (LEVEL 1) - 1.5 hour The caches are still in place from the Let's Go Caching In the Dark program held on Friday Night. Grab your GPS unit and pick up the coordinates at the registration table between 8:00-4:00 on Saturday. The caches will contain small trade items, if you want bring something along to trade. This activity is appropriate for all age levels. **Meets at the lodge.**

SQUEEZEBOX COMPETITION PRELIMINARY (LEVEL 1) - 1 hour Drop in - no registration required. Do you like tight places? Come find out just how tight of a space you can mentally and physically squeeze through. Due to the nature of their amusement, cavers have always wondered how tight of a place they can fit through. That was when the squeeze box was invented and later constructed. Here is the way it works. There will be 3 different categories: adult competition (15yrs - 39yrs), troglobite competition (40yrs & up) and the kids competition (6-14yrs). We will have preliminary rounds from 9am-12pm & 1pm-4pm on Saturday in the fields facility of the Lodge. Adults and troglobite competitors must drop in during these times to attempt to qualify for the finals held on Saturday night. In the adult competition, the top four male contenders along with the top four female contenders in each weight class will advance to the finals. In the troglobite category the top four male and female competitors will advance. The winners in each adult & troglobite category will receive a prize ribbon, sign the squeeze box and best of all have bragging rights until next years competition. Adult & troglobite finalist will be posted in the lobby by 5:00pm. In the kids competition, kids ages 6-14yrs old can take a stab at the squeeze box during the preliminary competitions held on Saturday. We have set different categories for children and will keep track of the records throughout the day. The child that squeezes through the box at the lowest height in each weight category will be determined the winner. The winners of the kid's squeeze box competition will be posted by 5:00pm in the lobby of the lodge. Kid's competition winners in each weight category will win a prize ribbon. The ribbons will be awarded before the adult squeeze box competition. **Meets in fields facility.**

SMOKY BRIDGE HIGH-LINE RIDE FUNDRAISER (LEVEL 2) - The high-line will be open from 9:30am - 12:30pm on Sunday. The Friends of Carter Caves are accepting donations for rides. Fund collected will go toward equipment to guarantee a high line for future events. Now that you have had the chance to go down a rope and up a rope we are introducing the concept of across the rope. That's right, a high-line over 200 feet long will be stretched across the gorge down behind the lodge. We will strap you in for you to take a ride to remember as you drop 40 feet in elevation and cruise by the parks largest natural arch, Smoky Bridge. Make sure you bring your cameras for there will be some great photo opportunities. A weight limit of 250 lbs is in place for this trip. The Friends of Carter Caves organization helped make this years high-line possible by purchasing \$1,000 worth of vertical gear for rigging the ride.

Drop-in No Registration Required Mini Presentations

FRIDAY — Located inside Cascade Cave

8:00 PM: 19th CENTURY MINING—A LIVING HISTORY PROGRAM (LEVEL 1) - 1 hour If Robert Thomas Tolliver II had a Facebook page, the Activities and Interests section on his profile page would read: Coal Mining, History, Union Start-Ups, Mine Mechanics, 19th Century Life, and Early American Mining. Come on over to Cascade Cave on Friday night to "friend" Tommy Tolliver, get his current status updates, and tag yourself in his photos! This program starts inside of Cascade Cave at 8pm. So head for the cave to experience this great adventure as history comes alive! Bob Johnson will be portraying the late 19th century coal miner, Robert Thomas Tolliver II, on this evening. Bob is retired from the United Brotherhood of Carpenters after 33 years of service, where he worked as a Millwright and Carpenter and also as a Union Organizer and Business Representative as well as an apprentice instructor for 13 years. He attended Wittenberg University, in Springfield, Ohio and completed the U.B.C. and J. of A. International Apprenticeship Program. Since his retirement he has been actively involved in history programming and has worked as a first person interpreter with the Education and Outreach program at the Ohio Historical Society and is active with several other historical societies and associations. Of all the characters he presents "Tommy Tolliver" is one of his favorites.

SATURDAY— Located in fields facility of lodge

10:00 AM: BICYCLE BASICS (LEVEL 1) - 1 hour A Saturday & Sunday mini-presentation. Basic information on three popular types of bicycling: road, cyclocross and mountain biking. There will also be information on cycling opportunities in the area along with a presentation on basic bicycle maintenance and repair. Presented by members of Ashland Cycling Enthusiasts. **Meets in fields facility.**

11:00 AM: THRU HIKING THE BUCKEYE TRAIL— A 1,400 MILE JOURNEY AROUND OHIO (LEVEL 1) - 1 hour A Saturday mini-presentation. In March 2011 Andy "Captain Blue" Niekamp set out on a hiking journey from Dayton on Ohio's Buckeye Trail. His goal was to hike on the Buckeye Trail for as long as it was fun. Over 1,400 miles and 88 days later Captain Blue returned to Dayton on the Buckeye Trail, the longest circular trail in the nation. His presentation will take you on a foot journey around Ohio with his beautiful photos and narrative. Come get acquainted with Ohio's backyard trail. Andy is the 6th person to complete a thru hike of the Buckeye Trail.

12:00 PM: ALMOST GONE— A JOURNEY OF HIKING AND WEIGHT LOSS (LEVEL 1) - 1 hour A Saturday mini-presentation. Cathie Vickers presents her success story where she lost over 100 pounds and has maintained the weight loss with a passion for backpacking, hiking and kayaking. Join Cathie as she presents a photo journey of her adventures.

1:00 PM: ONE HIKERS FIRST 42 MILE HIKE ON THE APPALACHIAN TRAIL (LEVEL 1) - 1 hour A Saturday mini-presentation. Be inspired by first time Appalachian Trail (AT) hiker Laura Letton as she shares her personal stories about what she and her five fellow hiking companions learned and experienced on an eight day adventure on the AT in October 2011. Visit the beauty of fall on the Appalachian Trail through pictures. Hear how Laura and the others gained experience in backcountry camping, and built their stamina and strength in Mount Rogers/Grayson Highlands, VA, as well as hiking up Roan Mountain, TN, and Hump Mountain, TN. Enjoy her personal reflections about the challenges and the rewards of the trip, why she decided to make the journey, and the effect it had on her personally.

3:00 PM: MACHU PICCHU & CLIMBING WAYNU PICCHU—GETTING THERE WAS HALF THE FUN (LEVEL 1) - 1 hour A Saturday mini-presentation. Machu Picchu & the Waynu Picchu (that chunk of rock that always towers above MP) complexes constitutes one of the seven wonders of the world. Nestled high in the Peruvian Andes it was never found by the Spanish Conquistadores and consequently never conquered. Rediscovered in 1911 it still is a very remote and yet magical place. Planes, trains, busses & very badly maintained automobiles driven by insane Peruvian drivers, was required to reach our destination, but was half the fun. Nothing however compares to the very first instant that your eyes fall upon this breathtaking site for the first time. It truly leaves you speechless...

4:30 PM: ARCHEOLOGICAL VIEWS OF ANCIENT CRAWLATHONS (LEVEL 1) - 1 hour A Saturday mini-presentation. Many of the caves and rock shelters at Carter Caves and in Carter Co. were visited and occupied for thousands of years by Aboriginal visitors. We will take a time trip to visit these sites and see the numerous artifacts that were left behind. Archaeological studies in association with the KY Heritage Council have provided information on who was here, when they were here, what foods they had available, where they obtained their raw material for stone tools and which caves or shelters they most frequently used. In addition, you will see some evidence from Bat Cave that has not previously been documented.

SUNDAY — Located in fields facility of lodge

9:00 AM: BICYCLE BASICS (LEVEL 1) - 1 hour A Saturday & Sunday mini-presentation. Basic information on three popular types of bicycling: road, cyclocross and mountain biking. There will also be information on cycling opportunities in the area along with a presentation on basic bicycle maintenance and repair. Presented by members of Ashland Cycling Enthusiasts.

Level 1 Field Trips

BAT CONSERVATION THROUGH CAVE CONSERVATION, RESTORATION & PRESERVATION (LEVEL 1) - 15 people; 1.5 hours A field trip that will take you to several caves on the park with a discussion on bat species' natural and life history, the gating of Laurel Cave, and protection and ongoing conservation and restoration efforts at Saltpeter Cave. This trip will lead us to the small building protecting the Abe's Room sinkhole culvert. Then off to the entrance of Bat Cave to discuss the gating and flood control efforts that are on-going at this critical site where conservation and preservation efforts intersect. Other cave and bat conservation work in Kentucky will be discussed along with current conservation efforts necessitated by the threat of White Nose Syndrome. This trip will be led by Michael Baker, Eastern Rare Bats Program Coordinator, for Bat Conservation International and Brooke Hines, Bat Ecologist for the Kentucky Department of Fish and Wildlife Resources. Together they have over 30 yrs of Bat protection experience. **Meets at Welcome Center; transportation needed.**

BUILD YOUR OWN KNOT CLIMBING SYSTEM (LEVEL 1) - 15 people; 1.5 hour This is a hands on workshop where you will be constructing and using your own prusik climbing system. All participants needs to bring 36 feet of 8 mil cord to build your system. In order to try out your system you should also bring a climbing harness and 3 carabineers. **Meets in cottage 248.**

CAMPFIRE COOKING IS FUN (LEVEL 1) - 12 people; 2 hour Have you ever wanted to cook over a campfire? People have been cooking over open fires for centuries. This trip gives you the opportunity to learn how to season cast iron ware, how to tell the temperature inside a Dutch oven, what types of cookware can be used on an open fire, how to cook over an open fire and receive several recipes to take home with you. Each participant will have the opportunity to prepare a hoecake. No equipment or experience is needed. All materials are supplied. Bring your appetite. This trip is indoors and uses a fireplace inside the Welcome Center meeting room. **Meets at the Welcome Center; transportation needed.**

EASY HIKING FOR FUN (LEVEL 1) - 20 people; 1.5 hours Join "Almost Gone" and "Barely There" for a short hike for beginners. This hiker duo will walk you through the basics of hiking and inspire new comers to open their door to more hiking adventures. Along the way you will get to see one of the parks Natural Bridges and some scenic views of the Smoky Valley Lake. Total hiking distance is approximately 1.25 miles. **Meets at Welcome Center; transportation needed.**

FIRE BUILDING WORKSHOP (LEVEL 1) - 25 people; 3 hour Winter survival will involve the fundamentals of survival methodology and mindset. This workshop will include practical application and skill building for specifics including shelter, fire basics, water, food, and signaling. You will be outside during this workshop so dress appropriately for the weather elements. **Meets at lodge; transportation needed.**

FLASHLIGHT TOUR OF X-CAVE (LEVEL 1) - 10 people; 1 hour View X-Cave in a way that most visitors do not... by flashlight only. We will turn out the commercial lights of the cave and cruise the passages with your flashlights. A dependable light source is required for every participant. Keep your eyes peeled and you may see some of the resident big brown bats hibernating in X-Cave. (Participants please do not wear any clothing or shoes that have been in another cave or mine outside of the Carter Caves area since 2006. This possibly will help prevent the spread of White Nose Syndrome, a disease that is killing bats across the Eastern United States. Because of the seriousness of WNS, all participants are required to walk across a bio-mat containing Lysol I.C. solution at the end of the cave trip.) **Meets at Welcome Center; transportation needed.**

GEOCACHING AT CARTER CAVES (LEVEL 1) - 20 people; 1.5 hours Do you like the outdoors and modern technology? How about gadgets and gizmos? We have the perfect activity to combine both. A great family activity, geocaching uses the internet, GPS units, and a sense of adventure in the outdoors to send you on a scavenger hunt like no other. You can bring your own GPS but don't worry; we'll have extras if you don't have one. We'll provide the instruments and instruction on how to begin participating in this world wide phenomenon! Following a instructional presentation, you will put your new found skills to the test by venturing outdoors to find some specially placed caches. **Meets at Welcome Center; transportation needed.**

HAVE YOU SEEN BIGFOOT? (LEVEL 1) - 20 people; 1.25 hours The elusive Bigfoot has remained a mystery because he practices Leave No Trace to preserve his environment. Meet Trek and Track, the fun hiking boots that use interactive activities, targeted towards the younger generation (ages 6-10) to introduce you to the principles of Leave No Trace. Each participant will receive a Leave No Trace backpack tag. **Meets at lodge.**

HISTORY OF MINE LIGHTING (LEVEL 1) - 10 people; 3 hour Eastern KY has a rich and proud coal mining heritage. This trip will strive to show the participants what it was actually like to work in the mines with only the light of various flame lamps. From early clamshell lamps to carbide, the last flame lamp, this will be a history and hands on experience of how the miners did their hard work underground with barely enough light to see. We will have working original examples and explain the history of each type of mine light. See original photographs from the day of not only the miners, but the kids as young as 6 years old that worked in the mines day in and day out. Trip will take place on the commercial routes of Cascade Cave. No Flashlights will be used, participants will be provided a carbide miners light (one light per two people) to light the path ahead. (Participants please do not wear any clothing or shoes that have been in another cave or mine outside of the Carter Caves area since 2006. This possibly will help prevent the spread of White Nose Syndrome, a disease that is killing bats across the Eastern United States. Because of the seriousness of WNS, all participants are required to walk across a bio-mat containing Lysol I.C. solution at the end of the cave trip.) **Meets at lodge; transportation needed.**

LAND NAVIGATION WORKSHOP (LEVEL 1) - 20 people; 2 hour Land navigation will lead the participants in the fundamentals of using map and compass. We will take a look at map features and the information that can be gathered from them. We will also look at compass use and finding headings, bearings, as well as the difference between true, magnetic and grid north. We will then plot some points on a map of the park and learn how to navigate cross country. You will be outside during this workshop so dress appropriately for the weather elements. **Meets in lobby of lodge.**

Level 1 Field Trips (continued)

TRAVEL THOROUGH TIME—A GEO/ARCHEOLOGICAL ADVENTURE (LEVEL 1) - 30 people; 1 hour This trip takes you into and through multiple ancient dwelling sites used by the first cavers. We will pass through the Wood Hen Hollow Archaeological complex where Mississippian Sandstone has formed multiple, connected ancient habitation sites that have indicated occupation from at least 1000 BC to 1400 AD. You will view the Smokey Creek valley as seen by the first cavers many thousands of years ago. Then we will proceed to the Smoky Bridge area to view the bridge, small caves, and an archaeological area above the Smoky Bridge. On our return to the lodge you will see evidence of the ancient sea that covered this area in the Mississippian Era. **Meets at the lodge.**

VISIT TO CASCADE CAVE (LEVEL 1) - 60 people; 2 hour Cascade is the largest commercial cave in Carter County. You will experience large cave passageways, bats, beautiful cave formations and finish with a look at a 30 foot underground waterfall. This is a commercially lit walking tour with some stooping and bending. Kenny the Real McCoy will be your guide and provide you with one uniquely delivered cave tour. (Participants please do not wear any clothing or shoes that have been in another cave or mine outside of the Carter Caves area since 2006. This possibly will help prevent the spread of White Nose Syndrome, a disease that is killing bats across the Eastern United States. Because of the seriousness of WNS, all participants are required to walk across a bio-mat containing Lysol I.C. solution at the end of the cave trip.) **Meets at Welcome Center; transportation needed.**

VISIT TO X-CAVE (LEVEL 1) - 30 people; 1 hour A commercially lit tour of X-Cave. X-Cave has two vertical joint passages that meander through a large layer of limestone which puts you up-close to many beautiful cave formations. Some of the highlighted features include turkey rock, the pipe organ, and the giant column which is the largest cave formation found at the park. Be aware of your surroundings and you will discover how this cave became known as "X-Cave." (Participants please do not wear any clothing or shoes that have been in another cave or mine outside of the Carter Caves area since 2006. This possibly will help prevent the spread of White Nose Syndrome, a disease that is killing bats across the Eastern United States. Because of the seriousness of WNS, all participants are required to walk across a bio-mat con-

WINTER SURVIVAL WORKSHOP (LEVEL 1) - 25 people; 3 hour Winter survival will involve the fundamentals of survival methodology and mindset. This workshop will include practical application and skill building for specifics including shelter, fire basics, water, food, and signaling. You will be outside during this workshop so dress appropriately for the weather elements. **Meets in lobby of lodge.**

Level 2 Trips

BACKPACKING 101 (LEVEL 2) - 20 people; 3 hour Backpacking is an activity that gets you about as close to nature as you can get. If you are new to backpacking or thinking about looking for an outdoor activity to pursue this workshop fits the bill. Take part in an interactive discussion of the do's and don'ts of multi-day backpacking trips. Topics to include trip preparation & planning, safety, training, gear, packing your pack, food options and basic navigation. During the workshop we will take a 3.5 mile hike and look for good places to set camp, demonstrate filtering water and discuss leave no trace backpacking principles. If you have a backpack and gear bring it with you to show off. We will show different examples of equipment available. About a 30-45 minute portion of this workshop will be indoors. **Meets at the Welcome Center; transportation needed.**

CAVE LIFE IN CASCADE CAVERNS (LEVEL 2) - 20 people; 2.5 hour Some of the most unusual and interesting animals are found in the darkness of caves. Bats, bugs, and many other animals call caves their home. Join Breaks Interstate Park Naturalist, Jayd Raines, on a field trip to get an up close and personal look at these creatures of the darkness. Close toed shoes and flashlight are required. Children 12 and under must be accompanied by an adult. (Participants please do not wear any clothing or shoes that have been in another cave or mine outside of the Carter Caves area since 2006. This possibly will help prevent the spread of White Nose Syndrome, a disease that is killing bats across the Eastern United States. Because of the seriousness of WNS, all participants are required to walk across a bio-mat containing Lysol I.C. solution at the end of the cave trip.) **Meets at the lodge; transportation needed.**

MOCK EXPEDITION OVERNIGHT (LEVEL 2) - 30 people; 9 hour Prepare for an expedition into the depths of the earth and your imagination. We'll take a mock multi-day cave expedition to a base camp in the ancient cave system of the Cascades. Cavers will team up with Sherpa's to setup a deep base camp and share experiences and ideas of caving as we spend one Friday night in the cavern. All overnight gear is to be supplied by the participant including a required 3 sources of light. Gear must be limited to cold weather camping gear and a tarp or piece of plastic to keep your gear on. Bring caving stories, caving questions, and caving lies to share around the base camp. All participants 14yrs and under must be accompanied by a parent or legal guardian, no exceptions! There is an extra fee of \$7.50 per person for this trip. (Participants please do not wear any clothing or shoes or bring gear that have been in another cave or mine outside of the Carter Caves area since 2006. This possibly will help prevent the spread of White Nose Syndrome, a disease that is killing bats across the Eastern United States. Because of the seriousness of WNS, all participants will be required to decontaminate their shoe treads with a Lysol I.C. solution at the end of the cave trip.) **Meets at lodge, transportation needed.**

THE "8800" TREK (LEVEL 2) - 15 people; 3 hours Can you count to 8800? Find out as you trek into the wilderness with us. You will hike alongside big sandstone cliffs, through three Natural Bridges, visit scenic overlooks of Smoky Lake and see what nature has to offer during the winter at Carter Caves. It takes 8800 steps to complete this adventure. No other visitors will know you were there, since we will learn and practice Leave No Trace hiking principles along the way. All participants will receive Leave No Trace backpack tag for participating. **Meets at the lodge.**

Level 2 Trips

WALKING IN THE FOOTSTEPS ABORIGINAL VISITORS (LEVEL 2) - 15 people; 3 hours Join us on this Geo/Archeology adventure and view a massive Box Canyon natural arch and a collapsed cave that formed an ancient habitation site used for thousands of years. See the massive 3.5 million year old 100 ft. high cliff of Carter Caves Sandstone that forms the right angle corner of the "box". A waterfall cascades down to a the deep rock strewn stream canyon that flows into underground passages. Giant sinks mark the presence of caves in this karst area. Then follow a key prehistoric Aboriginal trail, view Tygarts Creek from over 200 ft. above the stream, see where the James Branch exits the Cascade Cave and merges with the Tygarts. View the massive Mississippian Limestone and Sandstone cliffs and go to the entrance of Rhododendron Cave. If time and interest permit, we will enter an Archaeological site that was occupied by the first cavers back to at least 4000 BC. There we will see giant iron oxide "liesegang banding/rings" in the ceiling. Also, "boxwork" and "honeycomb" weathering provides unusual formations and photographic opportunities. Bring your camera, good hiking shoes and an interest in the wonders of Carter Caves. Total walking distance is approximately 1.4 miles. **Meets at the lodge. Transportation needed.**

WINTER BIRDING 101 & BIRDING BY EAR (LEVEL 2) - 15 people; 2.5 hours Birding is a fascinating hobby that promotes outdoor movement among many age groups. Ron Vanover, State Naturalist, and Brian Gasdorf, Natural Bridge Park Naturalist, will be leading this hike and sharing their identification and vocal knowledge of many winter bird species. In addition, this program will lead you on an adventure as we will explore the roadways, field areas, and common areas where you are sure to see and hear several bird species. No experience necessary as this hike is intended for those beginning birders that want to whet their curiosity. Come on out and be a snowbird. We will provide binoculars, but if you have your own bring them along. This trip will have a short indoor portion before heading outside. **Meets at cottage 249; transportation needed.**

WINTER HORSEBACK RIDING (LEVEL 2) - 10 people; 2 1/2 hours Back by popular demand we are again offering a guided horseback ride during Winter Adventure Weekend. Take a guided horseback ride through parts of the beautiful Tygart State Forest and Carter Caves State Park. This ride will take you up high on ridges with awesome views and deep into the valleys of Cave Branch. The ride will be around 5-6 miles and last about 1 1/2 hrs. Horseback riders must be 8yrs or older to participate. Participants will be required to sign a waiver. Parents or guardians of children will need to sign off on a waiver for their children. This program cost an additional \$30 per person. Needs a minimum of 5 participants to go, if not the trip can be canceled. If this happens you can cancel your registration and receive a full refund or we can register you for other trips during the weekend. **Meets at the stables just past the campground on the right; transportation needed.**

WINTER TREE ID (LEVEL 2) - 15 people; 2.5 hours This Bud's For You: Are you ready for a cold one? Do you want to take a peek into my BUD bag? No, you have the wrong perception. But now that I have your attention, let's explore the basics of Winter Tree Identification. Join State Naturalist Ron Vanover as you will learn characteristics that will enable you to identify many of the tree species at Carter Caves. What tree bud looks like a Phillips screwdriver head? What tree bud looks like a lip stick pen? What tree bud, when scratched, smells like a lemon? These and others will be discussed, so that you have a better understanding on how to identify trees in the winter. This trip will begin with a short indoor portion then will continue outside. Maybe you will get to make your own bud bag! **Meets at Welcome Center; transportation needed.**

Level 2 Vertical Trips

DOWN FOR DUMMIES (LEVEL 2) - 10 people; 1.5 hours Would you like to try rappelling? Here's your chance. No experience will be necessary. This will NOT be a "how to" workshop. You will be given basic instructions, put on the rope, and monitored on the descent. We have a new location for the 2012 event that will make you pucker before your decent. Required equipment includes leather gloves. **Follow signs in front of lodge to site.**

RECREATIONAL TREE CLIMBING (LEVEL 2) - 6 people; 1.5 hours Like climbing trees? Recreational tree climbing is a popular high adventure activity that puts a twist to our backyard tree climbing pastime. We will cover what the traditional tree climbing schools are teaching, which is traditional double rope technique that involves using a modified hip thrust to pull themselves 20-40 feet off of the ground. Changes for 2012 include a new location and the addition of Single Rope Technique (SRT) Climbing opportunities. This is a strenuous high adventure activity. Participants 15yrs & under require parent or guardian supervision. Required equipment includes climbing appropriate gloves and warm clothing. **Meets at lodge.**

SMOKY BRIDGE HIGH-LINE RIDE (LEVEL 2) - 15 people; 1.5 hours Now that you have had the chance to go down a rope and up a rope we are introducing the concept of across the rope. That's right, a high-line over 200 feet long will be stretched across the gorge down behind the lodge. We will strap you in for you to take a ride to remember as you drop 40 feet in elevation and cruise by the parks largest natural arch, Smoky Bridge. Make sure you bring your cameras for there will be some great photo opportunities. A weight limit of 250 lbs is in place for this trip. The Friends of Carter Caves organization helped make this years high-line possible by purchasing \$1,000 worth of vertical gear for rigging the ride. More gear is needed to guarantee this trip year after year. Keep this in mind when you are making bids during the silent auction. **Follow signs in front of lodge to the site.** On Sunday the high-line will be open for a fundraising event from 9am - 12pm. The Friends of Carter Caves are accepting donations for rides. Fund collected will go toward equipment to guarantee a high line for future events. On Sunday from 9am-12pm the high-line is running on a drop-in no registration basis.

UP FOR IDIOTS (LEVEL 2) - 10 people; 1.5 hours Now that you have rappelled into the pit you have to get out, right? This trip will give you a taste of what is needed to ascend out of that pit you may someday find yourself at the bottom of. You will be introduced to a basic system of rope ascending commonly used by cavers and you will get a chance to do a rope climb. These same techniques are used whether you need to climb 12ft. or 1200ft. Down for Dummies may get you to the bottom, but you will need us to get you out! We will provide you with all necessary equipment including a climbing system and helmet. **Follow signs in front of lodge to the site.**

Level 3 Field Trips

A HIKE THROUGH THE BACK FORTY (LEVEL 3) - 20 people; 3 hours A multi-mile hike after a short drive to Cascade Cave. This will be an on-trail/off-trail hike up the valley paralleling the Cascade Cave System (Cascade, Sandy, Jones, Tire Creek, Waterfall caves) demonstrating a variety of impressive karst features including streams, an resurgence, springs, many cave entrances, a karst window, and arches. Time and weather permitting, various sandstone features can be visited as well (caves, springs). **Meets at lodge.**

ADVANCED ADVENTURES IN MOUNTAIN BIKING (LEVEL 3) - 10 people; 4 hours A short briefing on mountain biking techniques followed by rides on trails and gravel roads. This will be a six mile route for the more advanced bikers. The required equipment includes a mountain bike with spare tube/pump and a helmet! **Meets at Lodge; transportation needed.**

BACKPACKING FOR THE ADVENTUROUS WOMAN (LEVEL 3) - 6 people; 17 hours This trip is designed for all women, who have the desire to explore, to learn and to share with others, the fundamentals of backpacking as a female. This course starts on Friday evening and will last until approximately 12:00 noon on Saturday. Participants will take part in a night hike, fire building, campfire cooking, wilderness shelter building, slack packing and learning about safety on the trail along with personal hygiene. The trip includes an overnight stay in a bunkhouse (tenting is optional) and a campfire dinner on Friday night. To sign up for this trip you must be a woman that is 18yrs or older and be able to carry the weight of their own backpack, with gear, for several hours and/or several miles. This program cost an extra \$10.00 per person. For additional information on equipment requirements go to www.winteradventureweekend.com **Meets at lodge.**

BEGINNER ADVENTURES IN MOUNTAIN BIKING (LEVEL 3) - 15 people; 2.5 hours A short briefing on mountain biking techniques followed by rides on trails and gravel roads. This will be a six mile route for the more advanced bikers. The required equipment includes a mountain bike with spare tube/pump and a helmet! **Meets at Lodge; transportation needed.**

KEY FEATURES OF KARST KARST LANDSCAPES (LEVEL 3) - 20 people; 3 hours During this multi-mile hike through much of the park, you will learn to decipher tell-tale surface features that are indicative of a dynamic sub-surface environment. Cave entrances, sink-holes, pits, shelters, springs, arches, and bridges will be featured on this scenic ramble through some of the Park's less-traveled paths. **Meets at lodge.**

PREHISTORY OF CARTER CAVES - THE FIRST CAVERS (LEVEL 3) - 12 people; 2.5 hour Archaeological studies have demonstrated that within a short distance of the park lodge there are a large number of rock shelters, open habitation sites and small caves that were used from around 1400 AD to at least 4000 BC by the first cavers and visitors to the park lands. Evidence of this occupation is scattered on the surface of some park trails indicating that the Smokey and Tygart's Creeks served as a resource for cobbles of chert (flint) that was used to make a variety of tools. We will follow park trails and pass through, over, and under at least 15 ancient habitation sites. We will visit Raven Bridge which may have served as some form of ceremonial site or special habitation location. Also, we will descend the cliff about 30 ft. to visit several rock shelters and a small cave that were used by Aboriginal visitors to the area. A rope will be used but it will not be necessary to rappel. [proper shoes a must] We will not go into the cave due to the presence of hibernating bats. Total distance covered is around 1.5 miles. **Meets at lodge; no transportation needed.**

WINDOWS INTO DARKNESS (LEVEL 3) - 20 people; 3 hours It's not always a breathtaking overlook or picturesque ridge top that makes a hike special. On this trip, we'll concentrate on the views that Carter Caves provides best ... Cave entrances, our windows into darkness! We'll start out near the Welcome Center, view the entrances of several Cave Branch caves and then hike into Horn Hollow valley where the karst spectacles continue. You'll see no less than 10 different cave entrances, maybe more, each with their own unique personalities, so to speak. Keep in mind that we will NOT be going into any caves, but bring along a camera or sketch pad because these underground wonders are wondrous to behold from the outside too! Join us as we hike with our feet, and our imaginations! (Note: Some off-trail and rough hiking may be required.) **Meets at Welcome Center; transportation needed.**

Level 4 Trips

"NATURAL BRIDGE" - ON RAPPEL!!! (LEVEL 4) 15 people; 3 hours Often described as the most beautiful and enjoyable rappels in the park, Natural Bridge is off limits to rope work for 364.5 days per year. Join us for this rare rappelling opportunity through the roof of a spectacular natural rock formation. This is NOT a training class! Although your ruggedly handsome guides will likely offer tips and advice, you must possess basic rappel skills and equipment. This 70' drop is near the paved park road and the return walk from the bottom is a short uphill hike. The trip will go regardless of weather. If time permits, rope climbing will be allowed. Required Equipment: Rappel harness and rappel device, carabineers, gloves, helmet. Optional but suggested equipment: QAS Safety, rappel rack. **EQUIPMENT REQUIREMENTS WILL BE RUTHLESSLY ENFORCED.** You must be 18 yrs or older to participate. Anyone who does not exhibit safe practices at all times will be removed from the trip. **Meets at lodge; transportation needed.**

"BYOK PADDLE TRIP" (LEVEL 4) 16 people; 5 hours Paddle your way on this 6-mile KAYAK trip that navigates you through the Tygarts Creek Gorge. Kentucky's most scenic limestone gorge. You will be on the creek for at least 3.5 hours. It is cold and wet, especially if you flip your boat! Needless to say this trip is not for beginners! If you have not figured it out BYOK stands for bring your own kayak. The park provides the transportation shuttle from the Welcome Center and guides for your trip down Tygarts Creek. Required Equipment includes; kayak, paddle, PFD (life jacket), helmet and the correct attire for cold weather paddling. A wet or dry suit is highly recommended, if not you are required to have a complete change of clothes in a dry bag. There is no exceptions to the required equipment, and the trip leaders can remove you from the trip if you do not meet the requirements. Bring a pack lunch or snacks for we will be stopping for lunch on the creek. We will load your kayaks on our trailer at the Welcome Center then head for the put in point. This trip can be canceled if the creek is frozen over. If this happens you can cancel your registration and receive a full refund or we can register you for other trips during the week-end. **Meets at the Welcome Center; transportation required.**

Level 4 Trips (continued)

TYGART CREEK REGRETТА (LEVEL 4) 14 people; 5 hours This is a 6-mile canoe trip that navigates you through the Tygarts Creek Gorge. Kentucky's most scenic limestone gorge. You will be on the creek for at least 3.5 hours. It is cold and wet, especially if you swamp! Because of the remoteness of the gorge and limited access, there is no turning back once you start. Needless to say this trip is not for beginners. Canoes, paddles, and vests will be provided. You should bring water, lunch or a snack for we will be eating lunch along the creek. Required Equipment includes the correct attire for cold weather paddling, a wet or dry suit is highly recommended, if not you are required to have a complete change of clothes in a dry bag. There are no exceptions to the required equipment, and the trip leaders can remove you from the trip if you do not meet the requirements. This trip can be canceled if the creek is frozen over. If this happens you can cancel your registration and receive a full refund or we can register you for other trips during the weekend. **Meets at lodge; transportation provided.**

CARTER CAVES SQUEEZE BOX

SQUEEZE BOX PRELIMINARY COMPETITION ROUNDS

**Ongoing in the Fields room of the Lodge on Saturday from 9-12 pm & 1-4 pm
(NO PRE-REGISTRATION REQUIRED)**

Do you like tight places? Come find out just how tight of a space you can mentally and physically squeeze through. Due to the nature of their amusement, cavers have always wondered how tight of a place they can fit through. That was when the squeeze box was invented and later constructed.

Adult Competition (Ages 15yrs—39yrs)

The adult competition, ages 15yrs-39yrs, will have preliminary rounds from 9am-12pm & 1pm-4pm on Saturday in the fields facility of the Lodge. You must drop in during these times to attempt to qualify for the squeezebox competition finals held on Saturday night. The top four male contenders along with the top four female contenders in each weight class will advance to the finals. The adult squeezebox champion in each male & female category will receive a prize ribbon, sign the squeezebox and best of all have bragging rights until next years competition. Adult finalist will be posted in the lobby by 5:00pm. The Adult Squeeze Box Finals Competition will be held in the Fields Facility starting at 8:30pm.

Kids Competition (Ages 6-14yrs)

This competition is for kids 6-14yrs old. Kids ages 6-14 can also take a stab at going as low as you can go during the preliminary competitions held on Saturday. We have set different weight categories for children and will keep track of the records throughout the day. The child that squeezes through the box at the lowest height in each weight category will be determined the winner. The winners of the kid's squeeze box competition will be posted by 5:00pm in the lobby of the lodge. Kid's competition winners in each weight category will win a prize ribbon. The ribbons will be awarded before the adult squeezebox competition on Saturday Night.

Troglomite Competition (Ages 40yrs & up)

This competition is for the old geezers that feel they still have something to prove! Preliminary rounds not required for this category. Just show up for the competition on Saturday night and show how the old wise ones compete.

FIELD TRIP SCHEDULE

FRIDAY NIGHT FIELD TRIPS

- TRIP #1: LETS GO CACHING IN THE DARK (6:00pm; 1.5hours; level 1)
- TRIP #2: BACKPACK ADVENTUROUS WOMAN (7:00pm; 17hours; level 3)
- TRIP #3: 19TH CENTURY MINING LIVING HISTORY (8pm; 1hours; level 1)
- TRIP #4: MOCK EXPEDITION OVERNIGHT (10pm; 9hrs; level 2)

SATURDAY FIELD TRIPS

8:30am FIELD TRIPS SATURDAY

- TRIP #5: DOWN FOR DUMMIES (8:30am; 1.5hrs; level 2)
- TRIP #6: UP FOR IDIOTS (8:30am; 1.5hrs; level 2)
- TRIP #7: HISTORY OF MINE LIGHTING (8:30am; 3hrs; level 1)
- TRIP #8: KEY FEATURES KARST LANDSCAPES (8:30am; 3hrs; level 3)

9:00am FIELD TRIPS

- TRIP #9: SQUEEZE BOX PRELIMINARY (drop-in, no registration required)
- TRIP #10: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #11: SMOKY BRIDGE HIGH-LINE RIDE (9:00am; 1.5hrs; level 2)
- TRIP #12: HAVE YOU SEEN BIGFOOT? (9:00am; 1.25hrs; level 1)

9:00am FIELD TRIPS continued

- TRIP #13: PREHISTORY OF CARTER CAVES (9:00am; 2.5hrs; level 2)
- TRIP #14: RECREATIONAL TREE CLIMBING (9:00am; 1.5hrs; level 2)
- TRIP #15: NATURAL BRIDGE ON RAPPEL (9:00am; 3hrs; level 4)

9:30am FIELD TRIPS

- TRIP #16: WINTER SURVIVAL WORKSHOP (9:30am; 3hrs; level 1)
- TRIP #17: FLASHLIGHT TOUR X-CAVE (9:30am; 1hrs; level 1)
- TRIP #18: DOWN FOR DUMMIES (9:30am; 1.5hrs; level 2)
- TRIP #19: TYGART'S CREEK REGRETТА (9:30am; 5hrs; level 4)

10:00am FIELD TRIPS

- TRIP #20: SQUEEZE BOX PRELIMINARY (drop-in, no registration required)
- TRIP #21: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #22: SMOKY BRIDGE HIGH-LINE RIDE (10:00am; 1.5hrs; level 2)
- TRIP #23: BICYCLE BASICS (drop-in, no registration required)
- TRIP #24: CAVE LIFE IN CASCADE CAVERNS (10:00am; 2.5hrs; level 2)
- TRIP #25: UP FOR IDIOTS (10:00am; 1.5hrs; level 2)

FIELD TRIP SCHEDULE (continued)

SATURDAY FIELD TRIPS (continued)

10:30am FIELD TRIPS

- TRIP #26: VISIT TO CASCADE CAVE (10:30am; 2hrs; level 1)
- TRIP #27: DOWN FOR DUMMIES (10:30am; 1.5 hrs; level 2)
- TRIP #28: RECREATIONAL TREE CLIMBING (10:30am; 1.5hrs; level 2)
- TRIP #29: GEOCACHING AT CARTER CAVES (10:30am; 1.5hrs; level 1)
- TRIP #30: "BYOK" PADDLE TRIP (10:30am; 5 hrs; level 4)
- TRIP #31: WINTER HORSEBACK RIDING (10:30am; 2.5 hrs; level 2)
- TRIP #32: BAT CONSERVATION (10:30am; 1.5 hrs; level 1)

11:00am FIELD TRIPS

- TRIP #33: SQUEEZE BOX PRELIMINARY (drop-in, no registration required)
- TRIP #34: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #35: SMOKY BRIDGE HIGH-LINE RIDE (11:00am; 1.5hrs; level 2)
- TRIP #36: WINDOWS INTO DARKNESS (11:00am; 3hrs; level 3)
- TRIP #37: THRU HIKING BUCKEYE TRAIL(drop-in no registration required)

12:00pm FIELD TRIPS

- TRIP #38: SMOKY BRIDGE HIGH-LINE RIDE (12:00pm; 1.5hrs; level 2)
- TRIP #39: ADVANCED MOUNTAIN BIKING (12:00pm; 4hrs; level 3)
- TRIP #40: BEGINNER MOUNTAIN BIKING (12:00pm; 2.5hrs; level 3)
- TRIP #41: JOURNEY OF HIKING (drop-in no registration required)

12:30pm FIELD TRIPS

- TRIP #42: DOWN FOR DUMMIES (12:30pm; 1.5hrs; level 2)
- TRIP #43: UP FOR IDIOTS (12:30pm; 1.5 hrs; level 2)
- TRIP #44: HISTORY OF MINE LIGHTING (12:30pm; 3hrs; level 1)
- TRIP #45: HIKING THE BACK FORTY (12:30pm; 3hrs; level 3)

1:00pm FIELD TRIPS

- TRIP #46: SQUEEZE BOX PRELIMINARY (drop-in, no registration required)
- TRIP #47: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #48: SMOKY BRIDGE HIGH-LINE RIDE (1:00pm; 1.5hrs; level 2)
- TRIP #49: HIKERS FIRST TRIP ON AT (drop-in no registration required)
- TRIP #50: HAVE YOU SEEN BIGFOOT? (1:00pm; 1.25hrs; level 1)
- TRIP #51: BAT CONSERVATION (1:00pm; 1.5 hrs; level 1)
- TRIP #52: RECREATIONAL TREE CLIMBING (1:00pm; 1.5hrs; level 2)
- TRIP #53: VISIT TO X-CAVE (1:00pm; 1hrs; level 1)
- TRIP #54: BACKPACKING 101 (1:00pm; 3.5hrs; level 2)
- TRIP #55: WALKING FOOTSTEPS ABORIGINAL (1:00pm; 3hrs; level 2)

1:30pm FIELD TRIPS

- TRIP #56: DOWN FOR DUMMIES (1:30pm; 1.5hrs; level 2)
- TRIP #57: THE "8800" TREK (1:30pm; 3hrs; level 2)
- TRIP #58: LAND NAVIGATION WORKSHOP (1:30pm; 3hrs; level 1)
- TRIP #59: WINTER HORSEBACK RIDING (1:30pm; 2.5 hrs; level 2)

2:00pm FIELD TRIPS

- TRIP #60: SQUEEZE BOX PRELIMINARY (drop-in, no registration required)
- TRIP #61: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #62: SMOKY BRIDGE HIGH-LINE RIDE (2:00pm; 1.5hrs; level 2)
- TRIP #63: CAVE LIFE IN CASCADE CAVERNS (2:00pm; 2.5hrs; level 2)
- TRIP #64: WINTER BIRDING 101 (2:00pm; 2.5hrs; level 2)
- TRIP #65: UP FOR IDIOTS (2:00pm; 1.5hrs; level 2)

2:30pm FIELD TRIPS

- TRIP #66: RECREATIONAL TREE CLIMBING (2:30pm; 1.5hrs; level 2)
- TRIP #67: VISIT TO CASCADE CAVE (2:30pm; 2hrs; level 1)
- TRIP #68: CAMPFIRE COOKING IS FUN (2:30pm; 2hrs; level 1)
- TRIP #69: DOWN FOR DUMMIES (2:30pm; 1.5hrs; level 2)

3:00pm FIELD TRIPS

- TRIP #70: SQUEEZE BOX PRELIMINARY (drop-in, no registration required)
- TRIP #71: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #72: SMOKY BRIDGE HIGH-LINE RIDE (3:00pm; 1.5hrs; level 2)
- TRIP #73: BUILD KNOT CLIMBING SYSTEM (3:00pm; 1.5hrs; level 1)
- TRIP #74: CLIMBING WAYNU PICCHU (drop-in no registration required)
- TRIP #75: EASY HIKING FOR FUN (3:00pm; 1.5hrs; level 1)

3:30pm FIELD TRIPS

- TRIP #76: DOWN FOR DUMMIES (3:30pm; 1.5hrs; level 2)
- TRIP #77: UP FOR IDIOTS (3:30pm; 1.5hrs; level 2)

4:00pm FIELD TRIPS

- TRIP #78: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #79: SMOKY BRIDGE HIGH-LINE RIDE (4:00pm; 1.5hrs; level 2)

4:30pm FIELD TRIPS

- TRIP #80: VISIT TO X-CAVE (4:30pm; 1hrs; level 1)
- TRIP #81: ARCHEOLOGICAL REVIEW (drop-in, no registration required)

SUNDAY FIELD TRIPS

8:30am FIELD TRIPS

- TRIP #82: HISTORY OF MINE LIGHTING (8:30am; 3hrs; level 1)

9:00am FIELD TRIPS

- TRIP #83: CORRUGATED CAVE (drop-in, no registration required)
- TRIP #84: DOWN FOR DUMMIES (9:00am; 1.5hrs; level 2)
- TRIP #85: GEOCACHING AT CARTER CAVES (9:00am; 1.5hrs; level 1)
- TRIP #86: BICYCLE BASICS (drop-in, no registration required)

9:30am FIELD TRIPS

- TRIP #87: SMOKY HIGH-LINE RIDE FUNDRAISER (9:30am; 1.5hrs; level 2)
- TRIP #88: RECREATIONAL TREE CLIMBING (9:30am; 1.5hrs; level 2)
- TRIP #89: FLASHLIGHT TOUR X-CAVE (9:30am; 1hrs; level 1)
- TRIP #90: WINTER TREE ID (9:30am; 2.5hrs; level 2)
- TRIP #91: FIRE BUILDING WORKSHOP (9:30am; 3hrs; level 1)
- TRIP #92: TRAVEL THROUGH TIME (9:30am; 1hrs; level 1)

10:00am FIELD TRIPS

- TRIP #93: CORRUGATED CAVE (drop-in no registration required)
- TRIP #94: DOWN FOR DUMMIES (10:00am; 1.5hrs; level 2)
- TRIP #95: ADVANCED MOUNTAIN BIKING (10:00am; 4hrs; level 3)
- TRIP #96: BEGINNER MOUNTAIN BIKING (10:00am; 2.5hrs; level 3)
- TRIP #97: WINDOWS INTO DARKNESS (10:00am; 3hrs; level 3)
- TRIP #98: CAVE LIFE IN CASCADE CAVERNS (10:00am; 2.5hrs; level 2)
- TRIP #99: CAMPFIRE COOKING IS FUN (10:00am; 2hrs; level 1)

10:30am FIELD TRIPS

- TRIP #100:SMOKY HIGH-LINE RIDE FUNDRAISER(10:30am; 1.5hrs;level 2)
- TRIP #101: VISIT TO CASCADE CAVE (10:30am; 2hrs; level 1)

11:00am FIELD TRIPS

- TRIP #102: RECREATIONAL TREE CLIMBING (11:00am; 1.5hrs; level 2)
- TRIP #103: CORRUGATED CAVE (drop-in no registration required)

11:30am FIELD TRIPS

- TRIP #104:SMOKY HIGH-LINE RIDE FUNDRAISER(11:30am; 1.5hrs;level 2)

1:00pm FIELD TRIPS

- TRIP #105: VISIT TO X-CAVE (1:00pm; 1hrs; level 1)

WINTER ADVENTURE PHOTO SALON

Have some great winter adventure, caving or local adventure/nature photos? Submit them to the Photo Salon! This years Winter Adventure Photo salon will feature several categories from winter scene to caving photos. This is a juried show, just to have your photo included in the final display is an honor. Amateur photographers are welcome and encouraged to participate. Here are some guidelines for making the show.

Contestants must be registered Winter Adventure Weekend participants or WAW staph.

Contestants may enter up to 4 images per category and 8 total.

All images must be presented in a digital format suitable for display by digital projector.

All images must have the photo location and date specified and an image title.

In addition to a compelling subject, photos should exhibit good composition and also technical qualities such as sharpness and focus.

Submission of local photos (tri-state area and particularly CCSP) is strongly encouraged and these photos will be given extra consideration.

Amateur photographers are welcome and encouraged to submit their photos.

PHOTO CATEGORIES

WINTER ADVENTURE PHOTOS (Note: Special attention will be made to WAW or local photos.)

- Wintertime adventure photos that encourage the viewer to participate in a winter activity beyond the couch or a winter scene that inspires the viewer to visit the location.
- Photos that capture the essence of human interaction with winter.
- Photos must be of winter time scenes or activities, but snow and ice are not required elements. Photos can be from any geographical location

CAVE PHOTOS (Note: Special attention will be made to past Crawlathon or local photos.)

- Photos can be shot either inside a cave or outside as long as a cave entrance/feature is seen within photos taken outside the cave.
- Photos can feature either human caving activity or scenic cave shots that would inspire the viewer to visit the location/participate in caving.
- Photos can be from any geographical location

ADVENTURE OR NATURE PHOTOS (LOCAL ONLY!)

- Photos can be nature scenes or outdoor adventure photos any time of the year other than winter.
- Photos should inspire the viewer to spend more days enjoying the natural resources here in the tri-state area.
- Photos need to have been taken in the (Kentucky, Ohio, West Virginia) Tri-State Area ONLY!

Awards will be as follows:

- A. Inclusion in the WAW photo salon
- B. Green Ribbons (meritorious)
- C. Blue Ribbons (exceptional)
- D. First and Second Place (in each category)
- E. Best in Show (the best overall photo regardless of category)

Decision of the Judges is final.

Non-commercial reproduction rights of images granted to the Kentucky Department of Parks.

Each individual entry MUST be accompanied by the following information which can be given in a Word or .txt file included with the image.

- a. Name of contestant
- b. Name of image
- c. Location of image (this information WILL be made public unless a special request is made)
- d. Date image was taken (best guess at year and month is sufficient)

You may include optional notes to further explain your photo, but these will not be viewed by the judges until after the jury process as images must stand on their own.

DEADLINE FOR ENTRY

Projectable Images must be received PRIOR to noon Thursday, January 19th 2012

ENTER BY SNAIL MAIL

CDs/DVDs should be mailed to:
Carter Caves State Resort Park
ATTN: WAW Photo Salon
344 Caveland Drive
Olive Hill, KY 41164-9032

ENTER ELECTRONICALLY

AT WWW.WinterAdventureWeekend.COM
Click on the photo salon link on the homepage of the website.

FRIDAY EVENTS

4:00 - 9:30pm: Registration Open - In Lobby of Lewis Caveland Lodge

4:00 - 8:00pm: All you can eat Dinner Buffet in Tierney's Cavern Restaurant (\$)

6:00-8:00: Let's go Caching in the Dark - Bring your GPS and pick up the coordinates for 10-15 caches at the registration table.

7:00 - 9:30pm: Corrugated Cave Open - no prior registration required.

8:00 - 9:00pm: "19th Century Mining: A Living History Program— Meets at Cascade Cave at 8pm. No registration required.

10:00pm: Mock Overnight Expedition (LEVEL 1) 9 hours 30 people - Must be pre-registered. See trip descriptions for more details

SATURDAY EVENTS

7:00am -10:30am: All You Can Eat Breakfast Buffet in Tierney's Cavern Restaurant (\$)

7:30am - 4:00: Registration Table Open in the Lobby of the Lodge

8:30 - 4:30pm: Field Trips

9:00 - 12:00pm: Corrugated Cave Open - no prior registration required.

9:00- 12:00pm: Adult Squeeze Box Preliminaries/ Kids Squeeze Box Competition. Meets in Fields Facility. No registration required.

10:00 - 5:30: ADVENTURE PRESENTATIONS

Drop-in, No Registration Required. Located in Fields Facility of Lodge

10:00 "Bicycle Basics" Basic info on three popular types of bicycling, a presentation by Ashland Cycling Enthusiast.

11:00 "Through Hiking the Buckeye Trail" A 1400 mile journey around Ohio presented by long distance hiker Andy Niekamp

12:00 "Almost Gone" A journey of hiking and weight loss presented by avid hiker Cathie Vickers

1:00 "One Hiker's First 42 Mile Trip On The Appalachian Trail" presented by inspirational hiker Laura Letton

3:00 "Machu Picchu, & Climbing Waynu Picchu" Getting there was half the fun by global adventurer Colin Gatland

4:30 "Archeological view of Ancient Crawlathons" Presented by archeologist and re-enactor Matt Maley

11:30 - 3:00pm: All You Can Eat Lunch Buffet in Tierney's Cavern Restaurant (\$)

1:00 - 4:00pm: Adult Squeeze Box Preliminaries/ Kids Squeeze Box Competition. Meets in Fields Facility. No registration required.

1:00pm - 4:30pm: Corrugated Cave Open - no prior registration required.

4:00pm - 8:00pm: All You Can Eat Dinner Buffet in Tierney's Cavern Restaurant (\$)

5:00pm: Adult Squeeze Box Competition Finalist & Kids Squeeze Box Competition Winners Posted In Lobby of Lodge.

WAW SATURDAY NIGHT SOCIAL (Fields Facility)

6:00 - 8:00pm - Bluegrass Band "Bo Lambert and Fire in Line"

7:30pm - Friends of Carter Caves Silent Auction Ends

8:00pm: Announcements & Reflections On The Day

8:15 - 8:30pm: Winter Photo Salon Accepted Image slide show and awards.

8:30pm - ????: The Official WAW Adult Squeeze Box Finals Competition (The True Test of Will, Guts, and Stupidity)

SUNDAY EVENTS

7:00 - 10:30am: All You Can Eat Breakfast Buffet in Tierney's Cavern Restaurant (\$)

8:00 - 10:00am: Registration Table Open

8:30 - 1:00pm: Field Trips

9:00 -12:00pm: Corrugated Cave Open

9:30 - 12:30pm: Smoky Bridge High-Line Ride Fundraiser. High Line open at this time for participants to take a ride. Friends of Carter Caves are accepting donations from riders. Funds will go toward more equipment to guarantee future high-line trips.

11:30 - 3:00pm: All you can eat Lunch Buffet in Tierney's Cavern Restaurant (\$)

CARTER CAVES 2012 SPECIAL EVENTS

Bi-monthly Pickin at the caves 1st & 3rd Monday each month

February 10-11: Valentines Dinner Theater

March 2-4: Tracking and Woods Lore

March 24: Eastern Mining Collectors Association Meet and Show

March 31: "BYOK" Tygart Creek Kayak Float

April 7 - 8 Easter Weekend Getaway

April 20 - 22 Carter Caves Wildflower Pilgrimage

April 27 - 29 Campers Appreciation Weekend

May 5: Tygart Creek Regretta Canoe Excursion

June 16: Tygart Gorge and Arches Hike

July 23-29: Pioneer Life Week

September 5-8: Fraley Mountain Music Festival

October 12,13,19,20: Carter Caves Haunted Trail

October 26-28: Halloween Campout & Ghost Stories in Cave

November 2 & 3: Murder Mystery Dinner Theater

NEARBY ACCOMMODATIONS IN GRAYSON KENTUCKY

Guest House Inn & Suites
(formerly Holiday Inn)
501 C.W. Stevens Blvd.
Grayson, Kentucky 41143
606-474-0000

Quality Inn
205 State Highway 1947
Grayson, Kentucky 41143
606-474-7854

Greenbo Lake State Resort Park
965 Lodge Rd
Greenup KY 41144
(1-800-325-0083)

located about 45 minutes from
Carter Caves

Grayson Super 8 Motel
125 Super Eight Lane
Grayson, Kentucky 41143
606-474-8811

Grayson Days Inn
650 C.W. Stevens Blvd
Grayson, Kentucky 41143
606-475-3224



CARTER CAVES TIERNEY'S CAVERN RESTAURANT



During Winter Adventure Weekend the restaurant serves hot, hearty food Buffet style for all the hungry adventurers. **Meals not included in your registration.**

HOURS OF OPERATION

Breakfast 7:00am - 10:30am (Saturday & Sunday)

Lunch 11:30am - 3:00pm (Saturday & Sunday)

Dinner 4:00pm - 8:00pm - (Friday & Saturday)

Closed Sunday Dinner - Friday Lunch

THANK YOU ! WAW STAPH 2012

We would like to acknowledge all of the faithful volunteers who spend their time and effort in order to make, this event, very fun, safe, and successful.

Coy Ainsley
Michael Baker
Bruce Bannerman
Allen Blair
Diane Bonfert
Jerry Brandenburg
Mary Burkart
John Cassidy
Tama Cassidy
Craig Caudill
Justin Chaffin
Bruce Corrie
Shawn Cox

Don Davis
Lisa Deavers
Cindy Duncan
Steve Duncan
Susie Duncan
Yvonne Entingh
Brian Gasdorf
Colin Gatland
Sheila Gilliam
Chris Hacker
Traci Hacker
Julie Hall
Erin Hazelton

Matt Hazelton
Brooke Hines
Horton Hobbs
Ann Honaker
Bob Johnson
Shane Kamer
Jeff Kelley
Kevin Kissell
Robert Kline
Laura Letton
Jake Lewis
Chris Lucas
Michael Lucas

Matt Maley
Mary Jo Martin
Sarah McCallister
Kenny McCoy
Tim Mootz
Andy Niekamp
Jim Perkins
Shawn Pickens
Lisa Plummer
Sam Plummer
Jayd Raines
Jeff Rickman
Derrick Riggs

Mike Rzestock
Brian Saul
Jonathon Scheibly
Larry Smith
Becky Starr
Charlie Starr
Bill Stützel
Dana Sutherland
John Tierney
Paul Tierney
Tracy Trimble
Ron Vanover
Cathie Vickers

Terry Waechter
Gary Walker
Karen Walker
Mark Walker
Adam Wilson
Dan Williams
Rick Williams
Kristy Winters
Terry Zornes
Ashland Cycle Club